



Karen Rohlf
Dressage Naturally Expert
dressagenaturally.net

“Your presentation was by far the most popular one that we had.”

– Lianne Knechtel,
Conference Coordinator
Horse Industry Association
Alberta (2017)

Finding the Sweet Spot of Healthy Biomechanics

Improve your horse’s movement, experience more harmony, and have fun doing it.

TALK SUMMARY AND SPEAKER INFO

Title: Finding The Sweet Spot Of Healthy Biomechanics

Improve your horse’s movement, experience more harmony, and have fun doing it.

Speaker: Karen Rohlf, creator, founder of the Dressage Naturally system and educational programs

Do you want to have the feeling of fun, freedom, power, and connection you imagined when you first fell in love with horses?

Are you doing dressage, but feel like something’s missing?

Do wonder why it’s so hard to get a nice connection with the reins?

Do you love the idea of dressage but feel like your horse hates it?

Do you want to know how to use less aids and have your horse do more?

In this session you will:

- **Discover** a new way of thinking about what it means to ‘do dressage’.
- **Experience** a powerful simulation that will forever change the way they work with their horses.
- **Learn** an exercise they can immediately do with their horse to bring more ease, regardless of their level of experience.

You will walk away feeling inspired and empowered to be able to bring more quality and ease to their riding!

DESCRIPTION:

Too many riders and horses struggle with ‘doing dressage’, instead of enjoying the process of learning how to move with harmony and ease. In this talk Karen will change the way you think about your horse’s movement and how to improve it. Karen will explain how to use communication, trust, and curiosity to improve the quality of your horse’s movement.

About Karen

Karen Rohlf, author and creator of Dressage Naturally, is an internationally recognized clinician who is changing the equestrian educational paradigm.

She is well known for training horses with a priority on partnership, a student-empowering approach to teaching, and a positive and balanced point of view. She believes in getting to the heart of our mental, emotional, and physical partnership with our horses by bringing together the best of the worlds of dressage and partnership-based training.

Karen teaches students from around the world in her virtual programs and mentors professionals in the horse industry through her For The Love Of The Horse: Transform Your Business Seminar and Mastermind/Mentorship programs.

